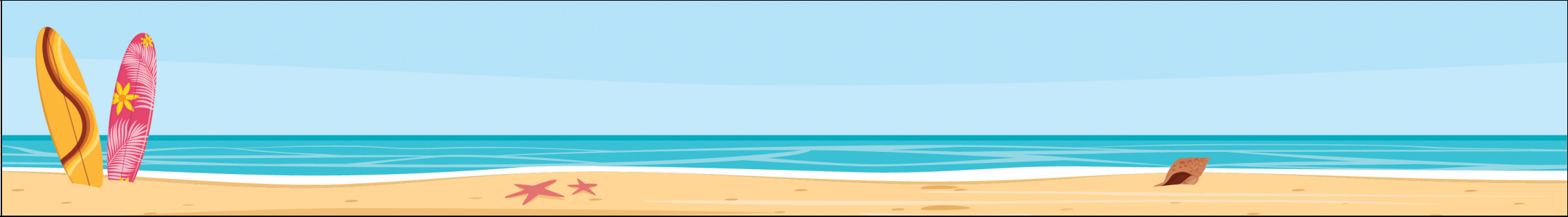


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						1:00-3:00PM Open Game Play in Tower Dining Room (bring-your-own-game)¹ 1:00-3:00PM Open Art/Coloring Time AR
10:30AM Catholic Service CC ² <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	9:30AM Resident Fitness DR ³ 10:00AM Coffee Klatch CC 1:00PM August Active-ity Hidden State Birds! (pick up packet on the activity room table)	10:00AM Music & Movement Seated Exercise DR ⁴ 10:30AM Donuts and Coffee Social DR 2:00PM Resident BINGO! game DR	9:30AM Resident Fitness DR ⁵ 10AM Wal-Mart shopping 11:00AM Mancala game DR 1:30PM Fred Meyer shopping 2:30PM Mexican Train DR	9:30AM Music & Movement Seated Exercise DR ⁶ 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR 4:00PM Treats Trolley (see activity room board for location)	9:30AM Resident Fitness DR ⁷ 9:30AM Walk n' Rollers Walking Group (meet in tower DR) 10:00AM Bible Study w/ Georgia & Alan AR 1:30PM Guided Crafty Hour AR	1:00-3:00PM Open Game Play in Tower Dining Room (bring-your-own-game)⁸ 1:00-3:00PM Open Art/Coloring Time AR
10:30AM Catholic Service CC ⁹ <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	9:30AM Resident Fitness DR ¹⁰ 2:30PM End of Summer Water Games Competition w/ Cascadia (tower courtyard, sign-up 1st floor tower)	10:00AM Music & Movement Seated Exercise DR ¹¹ 10:30AM Donuts and Coffee Social DR 1:00PM Resident Council Meeting CC 2:00PM Resident BINGO! game DR	9:30AM Resident Fitness DR ¹² 10AM Wal-Mart shopping 11:00AM Mancala game DR 1:30PM Fred Meyer shopping 2:30PM Mexican Train DR	9:30AM Music & Movement Seated Exercise DR ¹³ 10:30AM Blood Pressure Check AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling Competition w/ Cascadia DR 4:00PM Treats Trolley (see activity room board for location)	9:30AM Resident Fitness DR ¹⁴ 9:30AM Walk n' Rollers Walking Group (meet in tower DR) 10:00AM Bible Study w/ Georgia & Alan AR 11:30AM Lunch Out w/ Leah (sign-up 1st floor)	2:00PM Contra-Band music performance in the Tower Dining Room¹⁵ 1:00-3:00PM Open Art/Coloring Time AR
10:30AM Catholic Service CC ¹⁶ <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	9:30AM Resident Fitness DR ¹⁷ 11:00AM Teenie Tiny Olympus Luncheon (sign-up, \$3/pp) DR	10:00AM Music & Movement Seated Exercise DR ¹⁸ 10:30AM Donuts and Coffee Social DR 2:00PM Resident BINGO! game DR	9:30AM Resident Fitness DR ¹⁹ 10AM Wal-Mart shopping 11:00AM Mancala game DR 1:30PM Fred Meyer shopping 2:30PM Mexican Train DR 4:00PM August Birthday Party DR	9:30AM Music & Movement Seated Exercise DR ²⁰ 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR 4:00PM Treats Trolley (see activity room board for location)	9:30AM Resident Fitness DR ²¹ 9:30AM Walk n' Rollers Walking Group (meet in tower DR) 10:00AM Bible Study w/ Georgia & Alan AR 1:30PM Guided Crafty Hour AR	1:00-3:00PM Open Game Play in Tower Dining Room (bring-your-own-game)²² 1:00-3:00PM Open Art/Coloring Time AR
10:30AM Catholic Service CC ²³ <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	9:30AM Resident Fitness DR ²⁴ 1:30PM Guided Crafty Hour AR	10:00AM Music & Movement Seated Exercise DR ²⁵ 10:30AM Donuts and Coffee Social DR 2:00PM Resident BINGO! game DR	9:30AM Resident Fitness DR ²⁶ 10AM Wal-Mart shopping 11:00AM Mancala game DR 1:30PM Fred Meyer shopping 2:30PM Mexican Train DR 4:00PM End of Summer Block Party CC	9:30AM Music & Movement Seated Exercise DR ²⁷ 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR 4:00PM Treats Trolley (see activity room board for location)	9:30AM Resident Fitness DR ²⁸ 9:30AM Walk n' Rollers Walking Group (meet in tower DR) 10:00AM Bible Study w/ Georgia & Alan AR	1:00-3:00PM Open Game Play in Tower Dining Room (bring-your-own-game)²⁹ 1:00-3:00PM Open Art/Coloring Time AR
10:30AM Catholic Service CC ³⁰ <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	9:30AM Resident Fitness DR ³¹ 2:00PM Afternoon Movie & Cookies (vote for your favorite 1st floor tower)					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

Olympus Assisted Living

August 2026										1				
Olympus Assisted Living										Coloring & Activity pages available daily in AL Library (independent activity)				
Coloring & Activity pages available daily in AL Library (independent activity)	2	10-10:30AM Music & Exercise Group in Library	3	11:45AM (NEW!) Mancala game in Library	4	10-10:30AM (NEW!) Walk n' Rollers Walking Group	5	10AM UNO card game in Library	6	10:00AM Co-Ed Bible Study Group in Tower Activity Room	7	8	Coloring & Activity pages available daily in AL Library (independent activity)	
		2:30PM SEQUENCE board game in Library		 2:15PM LUAU BINGO! in AL dining room		1:00PM Mexican Train in Library		1:30PM Wii Bowling in Tower Dining Room		1:00PM August Active-ity Hidden State Birds! (pick up packet in AL Library)				
	9	10-10:30AM Music & Exercise Group in Library	10	11:45AM (NEW!) Mancala game in Library	11	10-10:30AM (NEW!) Walk n' Rollers Walking Group	12	10AM UNO card game in Library	13	10:00AM Co-Ed Bible Study Group in Tower Activity Room	14	15	2:00PM Contra-Band music performance in the Tower Dining Room	
		2:30PM End of Summer Water Games Competition w/ Cascadia (Tower courtyard, sign-up)		 2:15PM BINGO! in AL dining room		1:00PM Mexican Train in Library		1:30PM Wii Bowling Competition w/ Cascadia in Tower Dining Room		2:00PM Guided Crafty Hour w/ Leah (sign up)		3:30PM Resident Council Meeting in AL		Coloring & Activity pages available daily in AL Library (independent activity)
	16	10-10:30AM Music & Exercise Group in Library	17	11:45AM (NEW!) Mancala game in Library	18	10-10:30AM (NEW!) Walk n' Rollers Walking Group	19	10AM UNO card game in Library	20	10:00AM Co-Ed Bible Study Group in Tower Activity Room	21	22	Coloring & Activity pages available daily in AL Library (independent activity)	
	2:30PM SEQUENCE board game in Library		 2:15PM PARIS BINGO! in AL dining room		1:00PM Mexican Train in Library		1:30PM Wii Bowling in Tower Dining Room		2:30PM Music Trivia BINGO! in Cascadia Chapel					
Coloring & Activity pages available daily in AL Library (independent activity)	23	10-10:30AM Music & Exercise Group in Library	24	11:45AM (NEW!) Mancala game in Library	25	10-10:30AM (NEW!) Walk n' Rollers Walking Group	26	10AM UNO card game in Library	27	10:00AM Co-Ed Bible Study Group in Tower Activity Room	28	29	Coloring & Activity pages available daily in AL Library (independent activity)	
		2:30PM SEQUENCE board game in Library		 2:15PM BINGO! in AL dining room		1:00PM Mexican Train in Library		1:30PM Wii Bowling in Tower Dining Room		2:00PM Guided Crafty Hour w/ Leah (sign up)				
	30	10-10:30AM Music & Exercise Group in Library	31											
Coloring & Activity pages available daily in AL Library (independent activity)														