

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026				1 9:30AM Music & Movement Seated Exercise DR 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR 2:30PM Mocktails and Mingle Entertainment Social in Cascadia Dining Room	2 9:30AM Resident Fitness DR 10:00AM Bible Study w/ Georgia & Alan AR	3 1:00-3:00PM Open Game Time DR (bring-your-own-game) 1:00-3:00PM Open Art/Coloring Time AR Simchat Torah Begins
4 10:30AM Catholic Service CC <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	5 9:30AM Resident Fitness DR 10:00AM Coffee Klatch CC 10:30AM (NEW!) Christian Church Service online/pre-recorded AR 2:30PM Olympus BINGO! DR	6 10:00AM Music & Movement Seated Exercise DR 10:30AM Donuts and Coffee Social DR 2:00PM Resident BINGO! game DR	7 9:30AM Resident Fitness DR 10AM <u>Wal-Mart</u> shopping 1:30PM <u>Fred Meyer</u> shopping 2:30PM Mexican Train DR 4:00PM October Birthday Party	8 9:30AM Music & Movement Seated Exercise DR 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling Competition w/ Cascadia DR	9 9:30AM Resident Fitness DR 10:00AM Bible Study w/ Georgia & Alan AR 1:00PM Community Meeting in Community Center 2:30PM Hocus Pocus Movie Night & Rice Crispy Treats DR	10 1:00-3:00PM Open Game Time DR (bring-your-own-game) 1:00-3:00PM Open Art/Coloring Time AR
11 10:30AM Catholic Service CC 1:00PM Seahawks vs. 49ers Football Potluck in Tower Dining Room (sign up 1st floor for dish) <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	12 9:30AM Resident Fitness DR 10:30AM (NEW!) Christian Church Service online/pre-recorded AR <i>1:00PM Fall Crafts Class (Toilet Paper Pumpkin) sign-up on 1st floor to participate w/ Cascadia</i> 2:30PM Olympus BINGO! DR Indigenous Peoples' Day Columbus Day (U.S.)	13 10:00AM Music & Movement Seated Exercise DR 10:30AM Donuts and Coffee Social DR 1:00PM Resident Council Meeting CC 2:00PM Resident BINGO! game DR	14 9:30AM Resident Fitness DR 10AM <u>Wal-Mart</u> shopping 1:30PM <u>Fred Meyer</u> shopping 2:30PM Group Mexican Train Games in Tower Dining Room	15 9:30AM Music & Movement Seated Exercise DR 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR 2:30PM Mocktails and Mingle Entertainment Social in Tower Dining Room 5:00PM Seahawks vs. Broncos BBQ hosted by Marketing CC	16 9:30AM Resident Fitness DR 10:00AM Bible Study w/ Georgia & Alan AR 2:00PM The Mixed Nuts Band performance in Community Center	17 1:00-3:00PM Open Game Time DR (bring-your-own-game) 1:00-3:00PM Open Art/Coloring Time AR
18 10:30AM Catholic Service CC <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	19 9:30AM Resident Fitness DR 10:30AM (NEW!) Christian Church Service online/pre-recorded AR 11:00AM Lunch Out w/ Leah @ Old European in Post Falls 2:30PM Olympus BINGO! DR	20 10:00AM Music & Movement Seated Exercise DR 10:30AM Donuts and Coffee Social DR 2:00PM Resident BINGO! game DR	21 9:30AM Resident Fitness DR 10AM <u>Wal-Mart</u> shopping 1:30PM <u>Fred Meyer</u> shopping 2:30PM Mexican Train DR	22 9:30AM Music & Movement Seated Exercise DR 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR 2:45PM Public Library Book Mobile DR <u>9AM-1PM WalMart VACCINE CLINIC: must be in line before 1PM- Tower Activity Room</u>	23 9:30AM Resident Fitness DR 10:00AM Bible Study w/ Georgia & Alan AR 2:30PM Casino Night Spooktacular (costumes and festive outfits encouraged!) in Cascadia Dining Room	24 1:00-3:00PM Open Game Time DR (bring-your-own-game) 1:00-3:00PM Open Art/Coloring Time AR
25 10:30AM Catholic Service CC <i>Coloring and Activity pages available daily in Tower AR (independent activity)</i>	26 9:30AM Resident Fitness DR 10:30AM (NEW!) Christian Church Service online/pre-recorded AR 2:30PM Trick or Treat BINGO! DR	27 10:00AM Music & Movement Seated Exercise DR 10:30AM Donuts and Coffee Social DR 2:00PM Resident BINGO! game DR	28 9:30AM Resident Fitness DR 10AM <u>Wal-Mart</u> shopping 1:30PM <u>Fred Meyer</u> shopping 2:30PM Mexican Train DR 4:30PM BUNCO! Costume Party in Community Center	29 9:30AM Music & Movement Seated Exercise DR 10:30AM Blood Pressure Checks AR 1:00PM Sewing&Crafts Club HR 1:30PM Wii Bowling DR	30 9:30AM Resident Fitness DR 10:00AM Bible Study w/ Georgia & Alan AR 10:00AM-12:00PM Elementary School Costume Parade in Tower Dining Room 6:00PM Trunk or Treat Halloween Festival at Cascadia	31 HAPPY HALLOWEEN 1:00-3:00PM Open Game Time DR (bring-your-own-game) 1:00-3:00PM Open Art/Coloring Time AR Halloween

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Olympus Assisted Living

October 2026 Olympus Assisted Living						10AM UNO card game in Library 1:30PM Wii Bowling in Tower Dining Room 2:30PM Mocktails & Mingle Entertainment Social in Cascadia Dining Room	10:00AM Co-Ed Bible Study Group in Tower Activity Room Coloring & Activity pages available daily in AL Library (independent activity) Simchat Torah Begins
4 Coloring & Activity pages available daily in AL Library (independent activity)	5 10-10:30AM Music & Exercise Group in Library 2:30 Olympus BINGO! in Tower Dining Room	6  2:15PM BINGO! in AL dining room 4:30PM S'MORES After Dinner Treat in AL	7 10-10:30AM Walk n' Rollers Walking Group 1:00PM Mexican Train in Library	8 10AM UNO card game in Library 1:30PM Wii Bowling Competition w/ Cascadia in Tower Dining Room	9 10:00AM Co-Ed Bible Study Group in Tower Activity Room 10:00AM <i>Learn to Line Dance 2</i> in AL Coloring & Activity pages available daily in AL Library (independent activity)	10	
11 Coloring & Activity pages available daily in AL Library (independent activity)	12 10-10:30AM Music & Exercise Group in Library 1:00PM Fall Crafts Class (Toilet Paper Pumpkin) w/ Cascadia- sign up needed 2:30 Olympus BINGO! in Tower Dining Room Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13  2:15PM BINGO! in AL dining room	14 10-10:30AM Walk n' Rollers Walking Group 2:30PM Group Mexican Train Games in Tower Dining Room	15 10AM UNO card game in Library 1:30PM Wii Bowling in Tower Dining Room 2:30PM Mocktails & Mingle Entertainment Social in Tower Dining Room 5:00PM Seahawks vs. Broncos Football BBQ in Community Center	16 10:00AM Co-Ed Bible Study Group in Tower Activity Room 10:00AM <i>Halloween Exercise Drumming in AL Library</i> 2:00PM The Mixed Nuts Band Performance in Community Center Coloring & Activity pages available daily in AL Library (independent activity)	17	
18 Coloring & Activity pages available daily in AL Library (independent activity)	19 10-10:30AM Music & Exercise Group in Library 2:30 Olympus BINGO! in Tower Dining Room	20  2:15PM BINGO! in AL dining room	21 10-10:30AM Walk n' Rollers Walking Group 1:00PM Mexican Train in Library	22 10AM UNO card game in Library 1:30PM Wii Bowling in Tower Dining Room 2:45PM Public Library Book Mobile in Tower Dining Room	23 10:00AM Co-Ed Bible Study Group in Tower Activity Room 10:00AM <i>Learn the Thriller dance in AL</i> 2:30PM Casino Night Spooktacular (costumes and festive outfits encouraged!) Cascadia Dining Room Coloring & Activity pages available daily in AL Library (independent activity)	24	
25 Coloring & Activity pages available daily in AL Library (independent activity)	26 10-10:30AM Music & Exercise Group in Library 2:30 Trick or Treat BINGO! in Tower Dining Room	27  2:15PM Halloween BINGO! in AL dining room	28 10-10:30AM Walk n' Rollers Walking Group 1:00PM Mexican Train in Library	29 10AM UNO card game in Library 1:30PM Wii Bowling in Tower Dining Room 2:30PM Hocus Pocus Movie Night in Cascadia Chapel	30 10:00AM Co-Ed Bible Study Group in Tower Activity Room 10AM-12:00PM Elementary School Costume Parade 6:00PM Trunk or Treat Halloween Festival Coloring & Activity pages available daily in AL Library (independent activity)	31 HAPPY HALLOWEEN Halloween	